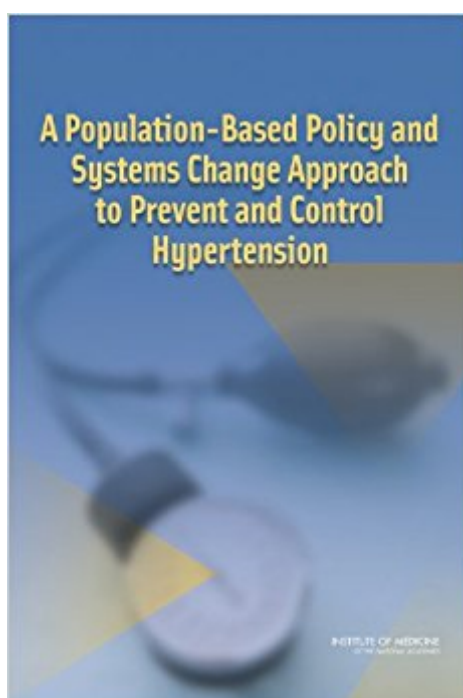


The book was found

# A Population-Based Policy And Systems Change Approach To Prevent And Control Hypertension



## Synopsis

Hypertension is one of the leading causes of death in the United States, affecting nearly one in three Americans. It is prevalent in adults and endemic in the older adult population. Hypertension is a major contributor to cardiovascular morbidity and disability. Although there is a simple test to diagnose hypertension and relatively inexpensive drugs to treat it, the disease is often undiagnosed and uncontrolled. A Population-Based Policy and Systems Change Approach to the Prevention and Control Hypertension identifies a small set of high-priority areas in which public health officials can focus their efforts to accelerate progress in hypertension reduction and control. It offers several recommendations that embody a population-based approach grounded in the principles of measurement, system change, and accountability. The recommendations are designed to shift current hypertension reduction strategies from an individual-based approach to a population-based approach. They are also designed to improve the quality of care provided to individuals with hypertension and to strengthen the Center for Disease Control and Prevention's leadership in seeking a reduction in the sodium intake in the American diet to meet dietary guidelines. The book is an important resource for federal public health officials and organizations, especially the Center for Disease Control and Prevention, as well as medical professionals and community health workers.

## Book Information

Paperback: 236 pages

Publisher: National Academies Press (August 13, 2010)

Language: English

ISBN-10: 030914809X

ISBN-13: 978-0309148092

Product Dimensions: 5.9 x 0.6 x 9.1 inches

Shipping Weight: 13.6 ounces (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #888,962 in Books (See Top 100 in Books) #42 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > High Blood Pressure](#) #416 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Heart Disease](#) #1866 in [Books > Medical Books > Administration & Medicine Economics > Health Care Delivery](#)

[Download to continue reading...](#)

A Population-Based Policy and Systems Change Approach to Prevent and Control Hypertension

Hypertension and Organ Damage: A Case-Based Guide to Management (Practical Case Studies in Hypertension Management) Birth Control in China 1949-2000: Population Policy and Demographic Development (Chinese Worlds) Public Health Nursing - Revised Reprint: Population-Centered Health Care in the Community, 8e (Public Health Nursing: Population-Centered Health Care in the Community) The DASH Diet - Dietary Approaches to Stop Hypertension - A brilliant diet to stay healthy, lose weight, and beat Diabetes!: The Essential Guide to the ... Type 2 Diabetes, DASH, Hypertension) Clinical Pharmacology and Therapeutics of Hypertension: Handbook of Hypertension Series, 1e Show Networks and Control Systems: Formerly "Control Systems for Live Entertainment" The DASH Diet to End Obesity: The Best Plan to Prevent Hypertension and Type-2 Diabetes and Reduce Excess Weight Reversing Hypertension: A Vital New Program to Prevent, Treat, and Reduce High Blood Pressure Reversing Hypertension: A Vital New Program to Prevent, Treat, and Reduce High Blood Pressure (Healthtext Audio) Handbook of Biblical Hebrew: An Inductive Approach Based on the Hebrew Text of Esther (An Inductive Approach Based on the Hebrew Text of Esther, 2 Vols. in 1) Difficult Decisions in Vascular Surgery: An Evidence-Based Approach (Difficult Decisions in Surgery: An Evidence-Based Approach) Population Mental Health: Evidence, Policy, and Public Health Practice (Routledge Studies in Public Health) Lessons of Disaster: Policy Change after Catastrophic Events (American Government and Public Policy) Nursing Policy Research: Turning Evidence-Based Research into Health Policy Microbiology: A Systems Approach: Microbiology: A Systems Approach Reproductive Rights and Wrongs: The Global Politics of Population Control Good News About High Blood Pressure: Everything You Need to Know to Take Control of Hypertension...and Your Life Control High Blood Pressure Without Drugs: A Complete Hypertension Handbook Blood Pressure Solution: 30 Proven Natural Superfoods To Control & Lower Your High Blood Pressure (Blood Pressure Diet, Hypertension, Superfoods To Naturally Lower Blood Pressure Book 1)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)